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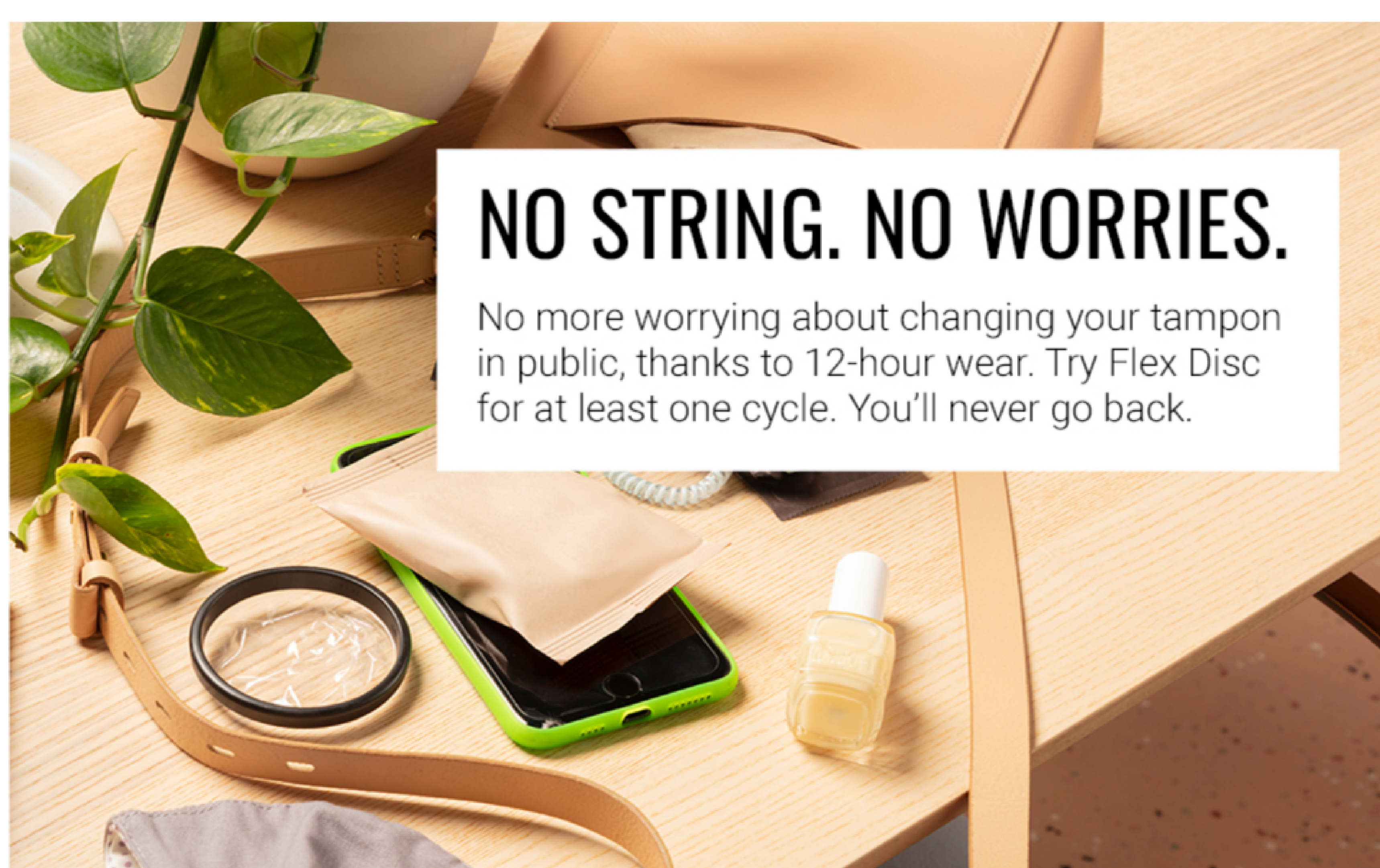
### Product Description



**FORGET YOU'RE EVEN ON YOUR PERIOD.**

Flex Disc is:

- Made with body-safe materials
- Designed to prevent irritation
- Easy to insert and remove
- About the same size as a tampon when pinched for insertion



**DITCH YOUR TAMPONS IN 3 EASY STEPS**



**STEP 1:** Wash your hands and pinch your disc in half.

**STEP 2:** Get in position (try sitting, squatting, or standing with one leg up).

**STEP 3:** Insert the pinched disc down and back. Then, tuck the front rim up behind your pubic bone.

**WHERE DOES IT SIT?**



Flex Disc sits in the vaginal fornix (unlike a tampon, which sits in the vaginal canal).

The disc was designed to fit most bodies.

"This product can help you enjoy the glories of sex on your period without any clean up."

**GLAMOUR**

"The Flex team is focusing on helping menstruating people live more freely."

**.Mic**

"Discs have several benefits over tampons and pads, including the need to change them less often."

**NYLON**

"Flex's noble mission is to make it possible for women everywhere to have sex every day of the month."

**COSMOPOLITAN**



|  | Flex Disc                | Flex Reusable Disc       | Flex Cup Size 01 (Slim Fit) | Flex Cup Size 02 (Full Fit) |
|--|--------------------------|--------------------------|-----------------------------|-----------------------------|
| Capacity   | 30 mL (3+ super tampons) | 70 mL (6+ super tampons) | 22 mL (2+ super tampons)    | 30 mL (3+ super tampons)    |
| Diameter   | 69 mm                    | 69 mm                    | 43 mm                       | 46 mm                       |
| Material   | Medical-grade polymers   | Medical-grade silicone   | Medical-grade silicone      | Medical-grade silicone      |
| Placement  | Vaginal fornix           | Vaginal fornix           | Vaginal canal               | Vaginal canal               |
| Period product type                                    | Period disc              | Period disc              | Period cup                  | Period cup                  |
| Cramp-friendly   | ✓                        | ✓                        |                             |                             |
| Not made with BPA, phthalates, or natural rubber latex | ✓                        | ✓                        | ✓                           | ✓                           |
| Reusable   |                          | ✓                        | ✓                           | ✓                           |
| Single-use   | ✓                        |                          |                             |                             |
| Beginner-friendly                                      | ✓                        | ✓                        | ✓                           | ✓                           |